

## THIS WEEK

Monday	Food Bank – <i>Erwin &amp; Goad HCs</i> <i>Assisting with Cleanup</i>
Wednesday	Men’s Fraternity – 6 AM
Wednesday	Teen Refuge – 6:45 PM Dinner @ 6:15
Wednesday	Mundo de Fe 7 - 9 PM

### Nurseries Available

During the worship assembly, LRC has nurseries available for children ages birth – two years of age down the Preschool Ministry hallway.

### Children’s Church

Children’s Church meets during the adult preaching time (Children age 3 through Pre-K). Children ages K-6<sup>th</sup>

### Monday Evening Shepherd Prayer Time

Our Shepherds meet to pray every other Monday at 6:00 PM. Anyone desiring prayer with the elders may come to the multipurpose room during this time. The elders will meet again for this purpose on Monday, January 30.

### Faith Decisions Class

*Faith Decisions* for 7/8th graders and their parents continues this evening at 5:30 PM in the Nichols Building.

### Worship Leader and Preaching Team Meeting Today after Worship

A meeting for worship leaders and the preaching team is planned today after worship in the multipurpose room. Lunch will be provided.

### CALL Informational Meeting January 23

An informational meeting for volunteers and prospective foster, adoptive and respite care parents is planned at 6:30 PM Monday, January 23 Calvary Baptist Church, 5700 Cantrell Road More information about the CALL is available at: <http://thecallinarkansas.org/>

### 2012 Financial Reports

2012 financial reports are available in the foyer.

### Foundations Class January 29

Foundations class will meet on January 29 at 9 AM in the middle classroom space of the multipurpose room. We host this class monthly to share important information about our church for those considering LRC as a church home.

### Teen Parent Meeting January 29

A lunch meeting for parents and teens is planned after worship Sunday, January 29, in the Nichols Building. Lunch will be provided for \$5 per person. *See the article on Page 3 for more information.*

### Saline County HC Leaders Meeting February 1

House Leaders from Saline County will meet at 7 PM Wednesday, February 1 in the Nichols Building to discuss several organizational issues, particularly, meeting nights.

### Women’s Ministry Brunch February 4

Ladies, please make plans to attend a brunch Saturday, February 4, from 9:00 AM to 11:30 AM in the multipurpose room. The Women’s Ministry has a great morning planned for everyone.

### Father/Daughter Formal Ball February 11

Dads and daughters are invited to attend the LRC Winter Formal Ball on Saturday, February 11, from 6:00-9:00 PM in the Nichols Building. The cost is \$10 per dad and \$5 per daughter, which includes a sit-down dinner, a 5x7 photo and a night of music and dancing. We need to get an accurate headcount to purchase food, so please visit the table in the back for more information and to sign-up. Don't miss this opportunity to make memories with your daughter, as well as teach her how to expect guys to treat her on future dates.

### Ash Wednesday Service February 22

The worship ministry is planning an Ash Wednesday service 7:00 PM, February 22. House Churches will be dismissed that week and we encourage everyone to attend the service.

### All-Church Retreat March 30 April 1

It’s closer than you think. Make plans to attend the bi-annual all-church retreat at beautiful Camp Tahkodah in Floral, AR. More detailed information will be available soon.

Little Rock Church Purposes:



Worship



Community



Outreach



Spiritual Formation

## All Church Retreat

March 30 – April 1

## Camp Tahkodah

Theme: Simply Jesus

Guest Speaker: Jim and Louine  
Woodroof

Author of: *Between the Rock And  
a Hard Place, The Aroma, and  
soon to be released The Famous  
Sayings of Jesus.*

[www.jimwoodroof.com](http://www.jimwoodroof.com)

*Prices and information coming  
soon!*

## The Jesus Prayer

Several years ago, I learned of a spiritual practice that has become important to my spiritual walk. It is simply called "The Jesus Prayer". For many centuries this simple prayer has been used as a way to focus the mind on our need for the grace of the Lord. The prayer finds its place in scripture in several sources. It can be connected to the Blind Beggar that calls out to Jesus as he passes "Jesus, Son of David, have mercy on me!" But, more commonly it is connected to a parable told by Jesus to help his followers understand their need for humbleness when approaching God. The parable also points toward confession and repentance.

Luke 18:9-14 is the source of this parable. Please take some time to read the text this week. Imagine yourself as you pray as both the Pharisee and also the tax collector. The tax collector knew that he was considered a sinner as all tax collectors that were Jewish were looked down upon by their Jewish neighbors and leaders. They had a much ridiculed position in society. The tax collector approached God very humbly.

Jesus taught in the parable that our attitude when approaching God is very important. This simple prayer reminds us to approach God as one that is in need for forgiveness and restoration. This week when you pray, take time to begin and end with this simple phrase.

### House Churches Sign Up Again To Support "Food for the Hungry" Ministry

Ron Cook  
[ron@littlerockchurch.org](mailto:ron@littlerockchurch.org)  
Cell: 501.850.9061

House Churches are making plans to support again the "Food for the Hungry" ministry. Your House Church can sign up for *one or two* Monday nights this spring to send 8-10 people from 6:00-7:15p. For one hour your House Church members can help put up chairs and tables, sweep and mop, tidy up the kitchen, and take out trash. How does your House Church sign up? Pick *one or two* Monday nights between February 20 and May 14. Contact Ron Cook with the dates your House Church wants to participate.

### LRC Members Coming, Going in Support of International Missions

Casey and Mary Beth Picker just returned from another trip to Ethiopia. Accompanied by Phil and Starla Goad, the Pickers continue to strengthen their ties to a vital effort by local Christians to feed, educate, and love children in [Adami Tulu](#) in partnership with [Lifesong Ethiopia](#). Even now Casey prepares for a short return trip in June. The Pickers (and the Goads) want to share their findings and their excitement about God's work there. Why don't you ask them to tell you more?

Cindy Stanford remains in Kigali, the capital city of Rwanda, serving with local and American Christians in support of orphans. Through [African Transformation Network - Rwanda](#) God has assembled a humble but impressive corps of talented, visionary missionaries who combine discipleship and new church development with aggressive community, economic, and educational development initiatives. Why don't you send an inquiry to Cindy? Oh, and don't forget to encourage her husband, our beloved Allan. ☺



*"Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved." Acts 4:12*

Truth is that God chose Jesus as the one who would bring salvation to his people. What is our response to that truth? How do we live in light of this truth? This is the focus of **Faith Decisions** tonight.

Doors open at 5 PM for food, volleyball and games. **Faith Decisions** will begin at 5:30 PM.

### Lock-In

January 27. 9 PM-6:30 AM in Nichols Building. \$5 per student. Youth group from ReNew Community Church will join us. Invite a friend!

### Parent/Teen Lunch

Sunday, January 29, in the Nichols Building. The purpose of the lunch is to present summer events so you can plan ahead and discuss the annual fundraiser to help cover costs of Wilderness Trek and the junior high mission trip. Lunch will be provided for \$5 per person.

### Winter Jam

The Winter Jam tour is returning to Verizon Arena Sunday, February 19. Music artists include Skillet, Sanctus Real, Building 429, Kari Jobe and more. Doors open at 5 PM. Concert begins at 6 PM. Cost is \$10 cash paid at the door. Learn more at [www.jamtour.com](http://www.jamtour.com). Meet at LRC at 2 PM, head downtown, get in line early, eat an early dinner. Bring money for food.

### Upcoming Events

Jan. 27	Lock-in
Jan. 29	Parent/Teen lunch meeting
Feb. 19	Winter Jam
Feb. 24-26	D-Now weekend

### Chad Nall or Krissi Fry

[Krissi@littlerockchurch.org](mailto:Krissi@littlerockchurch.org)  
[Chad@littlerockchurch.org](mailto:Chad@littlerockchurch.org)



## This Month's Virtue – Self Control

Self control is choosing what you should do, not what you want to do. Many of the verses we're talking about in Proverbs this month show the destruction that happens when we don't use self-control in our lives—like broken-down walls and fighting. We know God wants to protect us and help us to be patient.

This week, we'll focus on the hurt that's caused when we use our words thoughtlessly—they can cut like a sword. We've all been guilty of this at one time or another. But the good news is that God says that wise people's words can bring healing to a situation (**Proverbs 12:18**). So, the Bottom Line is: **select your words carefully.**

Our monthly verse **James 1:19** says it this way—be slow to speak. Others really want to feel safe and understood. How might our world change if we became known as people who depend on God to help us control our anger and watch what we say?

Check out the bulletin board at the back of the auditorium. Each month the virtue of the month along with resources will be available for you to take home.

There's a terrific web site for children. Purchase a subscription to the site and you have access to videos, music family activities and more. Check out [www.studio252.tv](http://www.studio252.tv).



# Prayer List

[dave@littlerockchurch.org](mailto:dave@littlerockchurch.org)

<b>Home Away from Home Patients</b>	<b>Pauline Hoffman</b>
Doug Fedor, Patrick Redmond, Catherine Williamson, Anita Courtney, Sue Young, David Tincer Linda Olivarez, Beth Myers, JoAnn Witkowschi, Ann Underwood, James Szaley, Kathleen Szuch, Edward Smith, Mike Hunley, Mike Hunley, Bill McVay, and Themla Crabb	Mrs. Hoffman is at home recovering from a recent stroke. She is the mother of Sheila King and is a former LRC member.
<b>Sabrina Frazier</b>	<b>Mike Harmon</b>
Sabrina Frazier's daughter, Joy Erica Nardi, passed away recently. The Frazier's address is: 9300 Treasure Hill Road #1007, Little Rock, AR 72227	Please continue to pray for Mike and Gina as Mike pursues healthy treatment alternatives.
<b>Jerry Bryant</b>	<b>Brenda Graham</b>
Jerry is being treated for pancreatic cancer. If you would like to send a card, his address is 3202 Travis Pkwy, Bryant, AR 72022.	Brenda is at the home of Jim and Donna Hathcock under hospice care
<b>Nancy Chandler</b>	<b>George Schraudt</b>
Please continue to pray for Nancy and her family.	George Schraudt, father of Ann Cook, is in White County Medical Center in Searcy with pneumonia.
<b>Fannie Forrest</b>	<b>Paul Higdon</b>
Fannie Forrest, mother of Pat Waits, was taken to Baptist Medical Center (LR) last Thursday. She is in room 923 at this time.	Paul Higdon, father of Tammy, has been diagnosed with a brain tumor. He is undergoing further tests in order for doctors to determine a course of treatment.

## Serving in the Family

<b>Serving in the Nursery</b> (See Krissi Fry for assistance)	<b>Serving &amp; Preparing Communion</b>
<u>Today:</u> Infant : Susie Brown and Julie Thompson 18-36 Months: Tracy and Hope Williams	<u>Serving in January:</u> Poteat/Brown and Walker/Reed HCs
<u>Next Week:</u> Sue & Libby White, Lilly Kate Philbrick, Joy Wallace and Susan McDonald	<u>Preparing in January:</u> Paul Wallace

## Heart Wound: The Fall of Man

**Week of: Sunday, January 22**

### House Church Discussion Questions

1. Recount with the group the times of horrible and unjust acts done by mankind. What does this say about the human heart (apart from Christ)? Read Romans 7:15, 18, 19, and 24. How do these verses help us understand that humans do things that are wrong?
2. Read Genesis 3:1-13. What does this scripture teach us about the human condition? Why did we inherit from Adam and Eve a condition called the depravity wound? Depravity wound defined: We are all fallen and defective creatures with a predisposition towards sin and rebellion at odds by nature with our creator and each other. Do you think this "human sin nature" is still true today?
3. Read Jeremiah 17:9, John 3:19, and Romans 3:23. Discuss what these texts tell us about the human heart and sin nature.
4. In the lesson Lynn discussed three implications of the depravity wound. 1) I am separated from God and under his judgment. 2) I have inherited from Adam a nature that no human solution can cure. And 3) my sin nature left unaddressed inevitably corrupts my life with sin. Read Romans 5:18-21. How did Christ coming address our depravity wound and spiritual legacy of Adam? Why is having a relationship with Christ so critical in addressing this sin nature in our life? How does a relationship with Christ change our sin nature?
5. Read Luke 18:9-14. How does our need to approach God humbly relate to this study? How can the spiritual practice of the Jesus prayer "Lord Jesus, have mercy on me for I am a sinner!" affect your spiritual life? How can you use this simple prayer this week to draw you closer to God?