



February 7, 2010

Teaching Assembly 9 AM
Worship Assembly 10 AM

CALENDAR

Today

Adult Classes Meet in the Auditorium

THIS WEEK

Monday	Foodbank Workers Needed at 7:30 AM And 4:30 PM
Wednesday	Teen Refuge-Dinner @ 6:15 PM
Thursday	Men's Basketball 6 - 8 PM

Nursery and Children's Church

During the Worship Assembly, LRC has nurseries available for children ages birth – two years of age down the PreSchool Ministry hallway. During the worship assembly, children ages 3-PreKindergarten will be dismissed to Children's Church.

Elder Prayer Time

Our elders meet to pray every Sunday morning during the 9:00 AM class period. They would like to remind everyone they are always available during this time period for anyone who desires prayers.

A Weekend to Remember

Chris and Tammy Dickinson are coordinating a group of couples to attend the Weekend to Remember conference in Branson, MO, March 26-28. This is a great opportunity to have fun with other couples, reconnect with your spouse and strengthen your marriage! See Chris or Tammy for more details.

Lent Service February 17

A Lent Service is scheduled Wednesday, February 17, at 7:00 PM. Please plan to attend that evening when we will take time to prepare our hearts and minds as we look forward to Resurrection Sunday (Easter), April 4. *Please see the enclosed letter.*

A Dad-Sized Challenge

Geyer Springs First Baptist Church is hosting a seminar for dads of boys February 21, 4:30 - 7:30 PM called "A Dad-Sized Challenge." It's a seminar for dads with sons ages birth-teenage years. This half-day will inspire and challenge you. It's a great investment to make in your children. Reserve a spot now by contacting Geyer Springs First Baptist Church at 455-3474. Cost is \$15. See Chad Nall if you have any questions.

Special Collection for Angola Mission – February 21

Jordan is close to her fundraising goal. Please prayerfully consider giving on February 21 to help her as she prepares to begin her mission to Angola.

Seeking God's Face

See Mike's article for a revised schedule of classes over the next couple months. Please note that we will NOT meet here at the building March 21. We are encouraging everyone in the Little Rock Church family to participate in the All-Church Retreat.

Baby Shower honoring Amanda Gentry Johnston

A baby shower honoring Amanda Gentry Johnston, daughter of Charlie and Renee Gentry, is scheduled today, 1:30 – 3:30 PM at the home of Susie Brown 13317 Barth Road, Alexander. It's a boy and she is registered at Target and Babies R Us. *Please note: the location has been changed to Susie Brown's home from Angela Driskill's.*

Baby Shower honoring Nicole Welsh Mills

A baby shower honoring Nicole Welsh Mills, daughter of Ronnie and Gina Welsh, is scheduled Saturday, February 13, 2:00-5:00 PM at the home of Gina Welsh, 3011 Sawmill Trail, LR, AR 72206. It's a boy and Nicole is registered at WalMart and Target.

Bridal Shower honoring Erin Reed

All ladies are invited to attend a bridal shower for Erin Reed on Sunday, March 7, from 2-4 PM at the home of Jeannie Cagle, 23 Kanis Creek Place, Little Rock. Erin is registered at Bed, Bath, and Beyond.

Haiti Relief

Several have asked about how and where to donate money to help with earthquake relief in Haiti.

Pleasant Valley Church of Christ is serving as a collection point for relief funds. The church has supported mission efforts for many years in Haiti and the Haiti Development Project has been overseen by PV member Dr. David Smith.

Checks can be sent to Pleasant Valley Church of Christ, 10900 Rodney Parham Road, Little Rock, AR 72212, Please memo the check *Haiti Relief*. For more information, please contact **Roger Pritchett**, Missions Minister at Pleasant Valley, at (501) 492-2723 or roger@pvcc.org.

CALL Informational Meeting

Over 1,000 children come into foster care each year in Pulaski County. More than 150 children are waiting to be adopted by a forever family. Find out how you can make a difference in the life of a hurting child in foster care. Attend the CALL's Informational meeting, Monday, February 8, at 6:30 PM at Mercy's Cross Church, 901 E. Kiehl Avenue in Sherwood. Register at www.thecallinarkansas.org or call 823.0607.

Little Rock Church Purposes:



Magnify



Unify



Evangelize



Mature



Equip

All-Church Retreat "Seeking God's Face" March 19-21



Camp Tahkodah Registration Information Coming Soon!

Cost:

Adults	\$30
Teens 12-18	\$25
Children 5-11	\$20
Children 0-4	\$0

Lynn Cook

Email: lynn@littlerockchurch.org

Cell or Text: 529-9138

LR Church Family,

Please make plans to attend the All-Church Retreat. Basic information about the retreat is shown at the left and a letter with more detail will be going out next week.

This retreat is a major part of our emphasis for 2010 on Spiritual Formation. We hope that EVERY LRC PERSON/FAMILY will attend this retreat. In Luke, we find several references that Jesus withdrew to the lonely places to pray. How much more important for us to find times to withdraw from our regular routines to find rest, refreshment, and renewal for ministry.

We will have a great guest speaker from the New Orleans area. His name is Dr. Eddie Parrish and among other things, he runs a Christian retreat and renewal center.

Love, Lynn

Mike Cagle

Email: mike@littlerockchurch.org

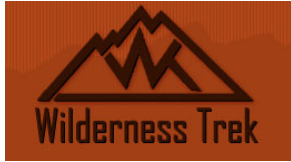
Cell or Text: 246-6141

Seeking God's Face - Class Schedule

Feb 7	Margins – Balanced life, Simplicity	Mike Cagle	Auditorium
Feb 14	Trying vs Training	Mike and Jeannie Cagle	Auditorium
Feb 21	<i>Soul Training – Listening While Reading (Meditation)</i>	Mike Cagle	Auditorium
Feb 28	Soul Training – Prayer	Brad and Mary Lee	Auditorium
Mar 7	Soul Training – Prayer	Class Teachers	Class rooms
Mar 14	<i>Soul Training – Contemplative Prayer</i>	Chad Nall	Auditorium
Mar 21	All Church Retreat – NO CLASSES	OR WORSHIP AT	LRC
Mar 28	Soul Training – Fasting	Winston Chandler	Auditorium
Apr 4	<i>Soul Training – Guidance</i>	Class Teachers	Class rooms
Apr 11	Soul Training – Liturgical Calendar	Mike Cagle	Auditorium
Apr 18	<i>Soul Training – Divine Hours</i>	Trey Chandler	Auditorium
Apr 25	Soul Training – Confession	Class Teachers	Class rooms
May 2	<i>Soul Training – Examen</i>	Mike Cagle	Auditorium
May 9	Soul Training – Rule of Life	Mike Cagle	Auditorium
May 16	Soul Training – Rule of Life	Class Teachers	Class rooms
May 23	<i>Soul Training – The Body</i>	Mike Cagle	Auditorium



Chad Nall
Text or Cell: 529-3675
Chad@littlerockchurch.org



Students registered for Wilderness Trek received their participant guides last Wednesday at Refuge. See Chad Nall if you did not receive your participant's guide. The next \$100 payment is due March 7

Excuse the mess

Thanks to Sam Breeding, Tom and Connor Walker and others who've helped remodel the teen room. A new stage has been constructed. It will be carpeted this week. The room should be completed in the next 7-10 days. The purpose of the remodel is to create a more flexible space.

Youth Huddle

Students in grades 7-12 are invited to Russ and Sue White's home Sunday, February 14 from 6-8 PM. There will be games, food and a devotional time.

Mission Ft. Worth

We are once again partnering with 7-8th graders from Crosswalk and University Church for a junior high mission trip July 7-10. Information sheets are available at the back of the auditorium. A \$50 deposit is due March 1.

Important Dates

February 14 Huddle @ White's
March 1 JH mission trip deposit due
Weekly Student Ministry Events
Bible Study Sundays 9:00 AM
Refuge Wednesday 6:15-8:15 PM

Calling 7-12th graders to become more like Jesus for the sake of others.

Chad Nall or Krissi Fry

Krissi@littlerockchurch.org
Chad@littlerockchurch.org

LRC Kids Ministry

Parents of 6th Graders

Entering 7th graders transition into the student ministry June 6. You should have received a letter providing information about our student ministry. Please take time to talk to Chad to find out more about our student ministry. There are many opportunities to be involved.

One such opportunity is a 4-day mission experience for students entering grades 7-9 to Ft. Worth, TX. Information about this mission trip is available at the back of the auditorium. A \$50 deposit is due March 1. See Chad Nall for more details.

A Dad-Sized Challenge

A Dad-Sized Challenge has been rescheduled for Sunday, February 21 at Geyer Springs First Baptist Church. It's a seminar for dads with sons ages birth-teenage years. It will inspire and challenge you. Reserve a spot now by contacting Geyer Springs at 455-3474. Cost is \$15. See Chad Nall if you have any questions.

5/6th Grade Devo

The 5/6th grade Bible class will have a devotional February 27 from 4-7 PM at the Little Rock Climbing Center and Nichols Building. Contact Chad Nall for more details.

Leading the next generation to become fully-devoted followers of Jesus.

Prayer List



dave@littlerockchurch.org

Home Away from Home Patients	April Chandler
John Williams, Carmen Fowler, Alice Waddell, Juanita Rigdon, Lee Hambleton, Shirley Casey, Sandra Allen, Harvey Moody, Paul Urban, Pearl McCoy, Carla Ferguson, , Earl Siles, Paula Gilmer, and Richard Destatt.	April's MRI came back clear last week, so the doctors have ruled out a stroke. The family is still trying to get her moved up on the list at Little Rock Diagnostic Clinic and the Heart Clinic.
Vipin Nischal	Danny Steinmetz
Please continue to pray for Vipin's mother who is ill with cancer.	Danny Steinmetz, fiancé of Pat Teezen, recently experienced considerable blood loss. His doctors have been successful so far getting the bleeding stopped. He has an appointment on February 12 to discuss surgery for a hiatal hernia
Lathan Gregg	Norma Kaiser
Lathan Gregg, son of former LRC members Rance and Heather Gregg, and grandson of former members Gary and Carolyn Gregg, is being treated for leukemia.	Mrs. Norma is recovering from back surgery. If you would like to send a card, her address is: 2701 Aldersgate Road, #732, LR, AR 72205. Her telephone number is: 225-2187
Edna Higdon	Sid Moore's Father
Edna Higdon, Tammy Higdon's grandmother, passed away January 30. Tammy will be traveling home today.	Mr. Moore met with a heart surgeon and they scheduled heart replacement valve and double bypass surgery for Thursday, February 11, at 7 AM. Mr. Moore is at some risk because of his age and previous heart problems, but the doctor was very positive about the surgery itself as well as recovery.

Serving in the Family

Serving in the Nursery (See Krissi Fry for assistance)	Serving on the Playground & Gym	Serving & Preparing Communion
<u>Today:</u> Infant Jeannie Cagle 18-36 Months Teresa and Kayla Lee	<u>Today :</u> Trey and Bonnie Chandler	<u>Serving in January:</u> Fry/Dickinson HC
<u>Next Sunday</u> Tamara Zinck, Bethan Aven and Madhu Nelaturi	<u>Next Sunday :</u> Sid and Beth Moore	<u>Preparing in January</u> Philbrick Family



Lessons in Love: I John Week 3 – Walking in the Light Sunday, February 7

- I. Claims of the false teachers in I John and John's response.
 - a. 1:6 – If we claim to have fellowship with him yet walk in the darkness, we lie and do not live in the truth.
 - b. 1:8 – If we claim to be without sin, we deceive ourselves and the truth is not in us.
 - c. 1:10 – If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.
 - d. 2:4 – The man who says “I know him” but does not do what He commands is a liar and the truth is not in him.
 - e. 2:6 – Whoever claims to live in him must walk as Jesus did.
 - f. 2:9 – Anyone who claims to be in the light but hates his brother, he is still in the darkness.
 - g. 4:20 – If anyone says “I love God” yet hates his brother he is a liar.
 - h. Summary: The false teachers were saying they have fellowship with God, know God, abide in Christ, are in the light, and love God. They also taught that the life they lived in this worldly body had no bearing on their standing with God. They could sin, but because it was with their body, they were still right with God because of their “experiences”.
- II. Key Verse in response to False Teaching: I John 3:7 – “Little Children, let no one deceive you he who does righteousness is righteous.”
- III. What principles can we take from I John to understand sin and the Christian?
 - a. We are called to live a holy, sinless life by pursuing a deep and ongoing relationship with Christ by obeying Christ's commands.
 - i. I John 1:5-6 – “This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with Him yet walk in the darkness, we lie and do not live by the truth.”
 - b. There are no sinless Christians.
 - i. I John 1:8 – If we claim to be without sin, we deceive ourselves and the truth is not in us.”

- c. Through an ongoing relationship with Christ characterized by obedience, we have forgiveness of sins.
 - i. I John 1:9 – If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”
 - ii. I John 2:2 – He is the atoning sacrifice for our sins, and not only our sins, but also for the sins of the World.”
- d. There is sin that leads to death.
 - i. I John 5:16-17 – “If anyone sees his brother commit a sin that does not lead to death, he should pray and God will give him lie. I refer to those whose sins do not lead to death. There is a sin that leads to death. I am not saying that he should pray about that. All wrongdoing is sin, and there is sin that does not lead to death.”

IV. Follow-Up Discussion Questions in House Church

- a. Read Section one of the study guide. Ask someone to summarize the teaching of the false teachers in the church at Ephesus.
- b. How did John respond to the idea of mixing a life dominated by sin and the Christian faith?
- c. Do people today ever justify their sin? How do we all do that?
- d. What would John say to the church in Little Rock?
- e. Describe the difference between sin that is in the life of all Christians and the “sin that leads to death” that John described? Do you believe there is a sin that leads to death?

Memory Verse

V. Memory Verse - I John 1:5-10

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 6 If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. 7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. 8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.
(Children’s Verse in Bold)

Preparing for Lent 2010
From the LRC Leadership and Worship Ministry

God speaks to His people in many ways. Scripture (which is foundational), prayer, counsel from godly brothers & sisters, the practice of spiritual disciplines, circumstances, etc., are all avenues God can and does use to grow us. Church tradition can also be a helpful place in the life of the church...but one must be careful.

Tradition can be a positive, affirming aid to our walk, or it can be a noose! To be blindly bound to a practice simply because "It's my tradition" is not a good thing at all and can become a legalistic prison built by man. By the same token, to reject a practice simply because it is a "tradition" might cost you a very helpful means by which the Holy Spirit forms the image of Christ in you. No one should be judged for their traditions as long as those traditions are not in conflict with the written Word. If there is no conflict.....we have much liberty!

One of the blessings of being a non-denominational community church is that we have the opportunity to explore and use traditions from many faith-walks. For over 10 years we have celebrated **Advent**, **Christmas**, and to some extent **Epiphany**. Several of you have asked why we don't embrace the Easter season to the same degree that we do Christmas. Good question, since **Easter** is arguably the high point of the **Church Year**.

So what about Lent? Here is a thumb-nail sketch.

Lent is a time of preparation to celebrate God's marvelous redemption through Christ and the resurrected life that we live and hope for as the people of God. It has not been well observed in the Protestant church. Recently it has gained more acceptance and many churches are realizing the benefit of recovering the larger Christian tradition as a means of refocusing on spirituality in a culture that is increasingly secular.

Lent traditionally was a time of preparation for those who were to be baptized. It has now become a call for the whole Christian community to prepare and guard their hearts through introspection, self examination, and repentance.

It begins on **Ash Wednesday (February 17, 2010)** and is a 40 day period of prayer, fasting, penitence, "almsgiving" and self-denial in preparation for Holy

Week culminating on **Resurrection Sunday** (Easter), April 4th, 2010. The number of days (40) is significant...mainly because that is the number of days that Jesus spent in the wilderness being tempted by Satan. We identify with that temptation and acknowledge that our only resource to confront our sin is God through Christ living in us by the Holy Spirit.

Ash Wednesday is a somber day of reflection of what should change in our lives if we are to be fully Christian. Ashes are placed on our foreheads as a sign of our mortality and penitence, and someone says to us, "Remember that you are dust, and to dust you shall return", Ps.90:3, 103:14. So that we may remember it is only by God's gracious gift of Christ that we may have eternal life.

The ashes that are traditionally used are taken from the burning of Palm leaves. The ashes are a symbol of humility, a mourning our sin, of saying "if you only knew the sins that I am capable of (and of course God does know) - then all would see that I too am a sinner".

The LRC worship ministry and leadership is encouraging each LRC member to reflect during this season of Lent on how God can use this season of the church calendar to more perfectly shape your heart into the image of Christ. **Little Rock Church will have an assembly on Wednesday, February 17 at 7 PM for all those that wish to gather together to enter into the season of Lent.** We will also have another assembly at the end of Lent on Good Friday, April 2 to honor Christ's dying on the cross for our sins. Of course, we look forward to gathering on Sunday morning, April 4th to celebrate Resurrection Sunday (Easter)!

Our encouragement regarding this season of Lent would be to pray and ask God if this is something you can use to grow you in Christ. If so, consider whether you are called to fasting, giving, prayer or acts of charitable service that are beyond your familiar routine during the rest of the year. Or God may give you another path to humility.

Remember, this is not bound on you by anyone. There is no expectation that you **have** to do something....only an encouragement to humble yourself before God and His inexpressible gift through Christ our Lord. If you want to ask or talk about this matter just ask Trey Chandler, one of the LRC ministers or one of your elders.